

Living Well with Dementia Festival 2016

www.cft.org.uk/livingwell



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
11 April Chichester Cathedral Make, Do, and Mend 11am - 12.30pm The Novium Museum Hands on History Tour 2pm - 4pm	12 April Pallant House Gallery Care for Art 10.30am - 12.30pm	13 April Fishbourne Roman Palace Roman Costume 2.45pm - 4pm	14 April Weald & Downland Open Air Museum Gridshell Artifact Store 2.30pm - 3.15pm	15 April Chichester Festival Theatre Mind, Body, Sing! 2pm - 3.30pm	16 April	17 April
18 April Chichester Cathedral Sing Healthy, Play Happy 2pm - 3.30pm Otter Gallery Tour 2pm - 4pm	19 April Pallant House Gallery Guided Tour 1.30pm - 3.30pm	20 April Chichester Festival Theatre Mindful Movements 2pm - 3.30pm	21 April Weald & Downland Open Air Museum Taste of the Past 2.30pm - 3.15pm	22 April Chichester Festival Theatre Mind, Body, Sing! 2pm - 3.30pm	23 April	24 April
25 April The Novium Museum Admiral Murray's Navy 2pm - 4pm	26 April Weald & Downland Open Air Museum Sounds of the Past 2.30pm - 3.15pm	27 April Fishbourne Roman Palace Roman Lamps 2.45pm - 4pm	28 April Pallant House Gallery Art Views 1.30pm - 3.30pm	29 April Chichester Festival Theatre Mind, Body, Sing! 2pm - 3.30pm	30 April	1 May
2 May	3 May Pallant House Gallery Art Workshop 2pm - 4pm	4 May Chichester Cathedral Guided Tour 10.30am - 12pm	5 May Chichester Festival Theatre Mindful Movements 2pm - 3.30pm	6 May Chichester Festival Theatre Mind, Body, Sing! 2pm - 3.30pm	7 May Weald & Downland Open Air Museum Traditional Crafts Textiles 2.30pm - 3.15pm	8 May
9 May The Novium Museum Admiral Murray's Navy 2pm - 4pm	10 May Pallant House Gallery Care for Art 10.30am - 12.30pm	11 May Fishbourne Roman Palace Marble and Marbling 2.45pm - 4pm	12 May Chichester Festival Theatre Dementia Friends Awareness Session 2pm - 3pm	13 May Chichester Festival Theatre Mind, Body, Sing! 2pm - 3.30pm	14 May	15 May
16 May Chichester Cathedral Sing Healthy, Play Happy 2pm - 3.30pm	17 May Pallant House Gallery Art Workshop 2pm - 4pm	18 May Chichester Cathedral Guided Tour 10.30am - 12pm	19 May Weald & Downland Open Air Museum Smell of the Past 2.30pm - 3.15pm	20 May Chichester Festival Theatre Mind, Body, Sing! 2pm - 3.30pm	21 May Chichester Festival Theatre Guided Tour 10.30am	22 May
23 May Chichester Cathedral Make, Do, and Mend 11am - 12.30pm The Novium Museum Hands on History Tour 2pm - 4pm	24 May Weald & Downland Open Air Museum Tudor Farmhouse 2.30pm - 3.15pm	25 May Fishbourne Roman Palace Dementia Friends Awareness Session 3.30pm - 4.30pm	26 May Pallant House Gallery Art Views 1.30pm - 3.30pm	27 May Chichester Festival Theatre Mind, Body, Sing! 2pm - 3.30pm		

Chichester Cathedral
Telephone: 01243 813595
Email: onlinesales@chichestercathedral.org.uk
Website: www.chichestertickets.co.uk

Chichester Festival Theatre
Box Office: 01243 781312
Email: leap@cft.org.uk
Website: www.cft.org.uk/livingwell

Fishbourne Roman Palace
Telephone: 01243 785859
Email: palacebookings@sussexpast.co.uk
Website: www.sussexpast.co.uk

The Novium Museum
Telephone: 01243 775 888
Email: thenovium@chichester.gov.uk
Website: www.thenovium.org

Pallant House Gallery
Telephone: 07788489536
Email: s.peaty@pallant.org.uk
Website: www.pallant.org.uk/events/

Otter Gallery
Telephone: 01243 816098
Email: gallery@chi.ac.uk
Website: www.chi.ac.uk/ottergallery

Weald & Downland Open Air Museum
Telephone: 01243 811021
Email: courses@wealddown.co.uk
Website: www.wealddown.co.uk

Dementia Friends Sessions

Learn more about what it is like to live with dementia and turn that understanding into action.

Thursday 12 May - 2pm Chichester Festival Theatre
Contact: Louise Rigglesford - 01243 784437 Ext. 2121 Email: leap@cft.org.uk

Wednesday 25 May - 3.30pm Fishbourne Roman Palace
Contact: Katrina Burton - 01243 785859 Email: palacebookings@sussexpast.co.uk

FREE one hour awareness sessions - Please book in advance